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Trough decision
at Wrigley **13**

LOLLA BAND CAN
ROCK AGAIN **8**



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LENNY GILMORE/REDEYE

\$7 FEASTS

From bargain burgers to frugal falafel—score tasty deals in your 'hood **pages 18-19**

best bets

By Jessica Gallart

Jgallart@tribune.com



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WHAT A DILEMMA!



Zambrano
MCT FILE

Carlos Zambrano had another one of his meltdowns last week, announcing his "retirement" after being ejected from a game. Now Zambrano says he wants to remain "a Cubbie for the rest of my life." **What do you think the Cubs should do with Zambrano?** Text "bigz" followed by the number of your choice to 87708. We'll text you back letting you know how everyone voted. Text HELP for help. Text STOP to cancel. Msg&data rates may apply.

1. Get the guy some help, forget the past and let him pitch.
2. Buy him a one-way ticket to a land far, far away.
3. Set up a trade with the Blackhawks—he'd be awesome in a hockey fight.



84 70

TODAY'S FORECAST

Nice little midweek hiccup there



THU.

82
70

Carry on!

FRI.

83
71

Stores have fall clothes



SAT.

85
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We're not really sure why

SUN.

81
69

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Bloomberg
Businessweek



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newsflash

How we're *really* using our PHONES

If you've ever pretended to be talking on your cellphone to avoid talking to, or acknowledging, someone nearby—you're not alone. One in 13 Americans have used this ploy, a new survey says. In its report, the Pew Internet and American Life Project also explores the pros and cons of having a cellphone. Cellphones are great for quick information retrieval, Pew found. But not having fast mobile access to info can cause problems. Here's a look at some of the findings. [CNN](#)

51% Percentage of owners who have used their phones at least once to get information they needed right away.

40% Percentage of owners who said they found themselves in an emergency situation in which having their phone helped.

70% Percentage of smartphone owners ages 18-29 who have used their phone as entertainment when bored.

20% Percentage of owners who experienced frustration because their phone was taking too long to download something.

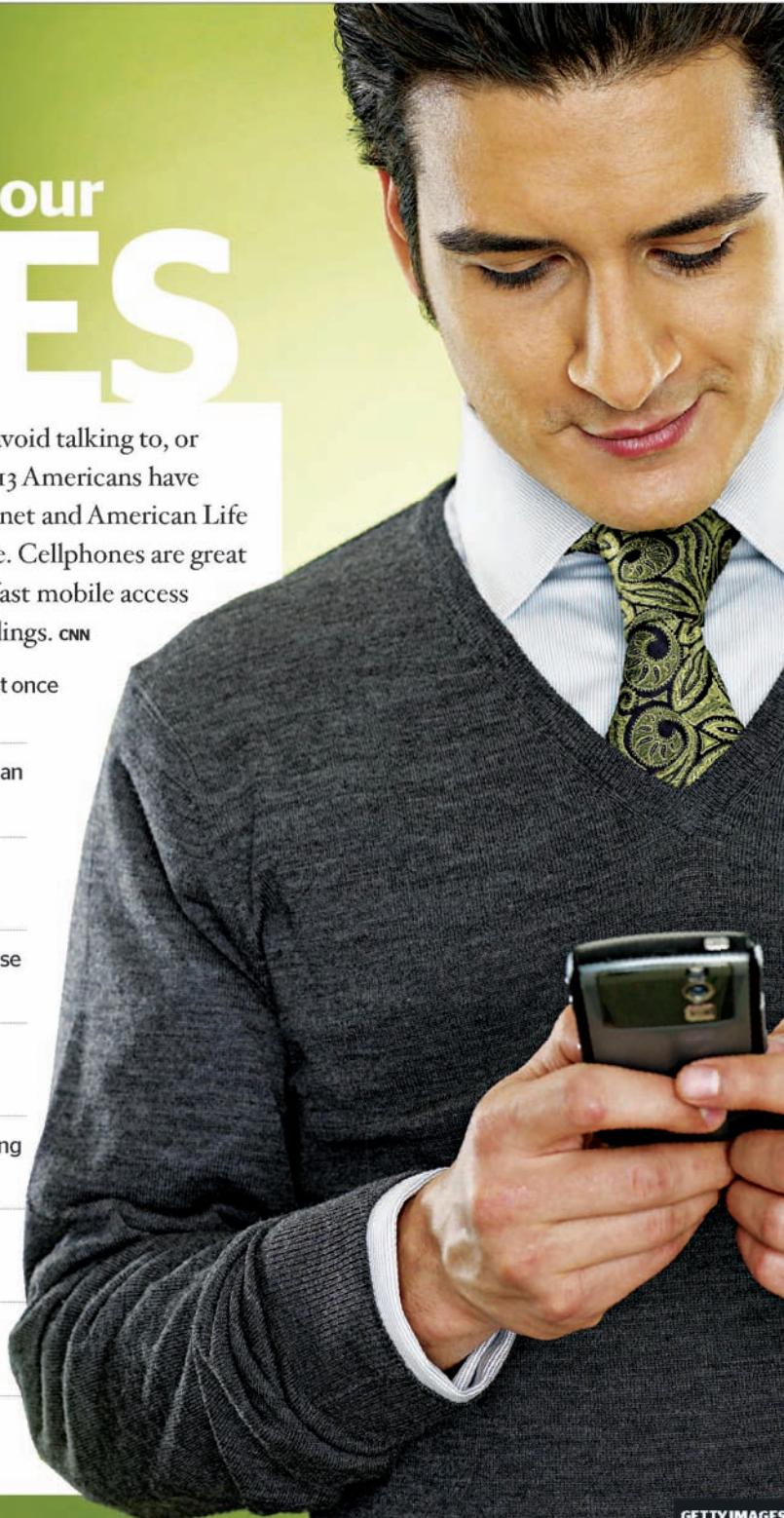
84% Percentage of smartphone users who use their phone to access the Internet.

16% Percentage of owners who had difficulty reading something on their phone because the screen was too small.

38% Percentage of cellphone owners in general (including smartphones and feature phones) who use mobile email.

10% Percentage of owners who had difficulty entering a lot of text on their phone.

29% Percentage of cellphone owners in general (including smartphones and feature phones) who use social media.



GETTY IMAGES



'SMART' VS 'FEATURE'

Pew's survey of nearly 2,800 U.S. adults also highlighted some differences in how people use smartphones vs. simpler feature phones.

Some context: Earlier Pew found that 35 percent of all adult U.S. cellphone users own smartphones, so less-smart "feature phones" remain the largest part of the mobile market by far.

How many cellphones are we talking about? According to comScore, as of June there were 234 million U.S. cellphone subscribers 13 and older, and about 33 percent of these were smartphone owners. This slight discrepancy with Pew's estimate of smartphone ownership might be attributable to teens, who have less disposable income and thus may be more likely to use inexpensive feature phones.

Pew's earlier study also acknowledged the difficulty in distinguishing between smartphones and feature phones in a user survey since this technological line is blurring and since users often incorrectly identify which type of phone they have. [CNN](#)

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page four

SCOTT BOOHAN
redeye
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This generation can't be ignored

Hey, America, sorry to bother you. Remember us? The future of the country? We're still here, even though you seem to have completely forgotten us.

The economy isn't good for any American, but it's particularly hard on us 20-somethings trying to get a start with our lives. While much of the country panics about the stock market, we can't relate. The idea of even owning stocks is foreign to us because many of us can't get jobs. And those who do barely are getting by with the amount of college loans we have to pay off.

We need help from people capable of changing things, people who have the greater interest of the country in mind. This is not our leaders in Congress, who have made themselves a priority instead of our future.

The debt ceiling basically was a trillion-dollar staring contest when it should have been a solution contest. Meanwhile, I have a little over a year left while I'm on my parents' health insurance. After that, my best option is finding a star from "Super Mario Bros." and becoming invincible. But, hey, taxes weren't raised, so we all win, right?

The traditional path to American success no longer is possible, something the millionaires running the country don't understand. College tuition is becoming exponentially more expensive while the value of a degree is falling. And from personal experience, I can tell you there's no guarantee a degree leads to a job as it did in previous generations. I strongly believe in education, but I don't know if I could honestly recommend that someone go to college right now. I wish I hadn't.

Don't get me wrong—my generation isn't perfect. We want to be rich and famous and we spend lot of time doing pointless things on the computer. But with the technology we grew up with, we are capable of more than any generation before us. We just haven't been given a chance. We were supposed to have that chance with President Obama, but he's done nothing to show he's willing to listen to America's youth. I don't think he knows I exist. If he doesn't notice us after our supposed role in getting him elected, who will?

I'm worried we're heading down a path similar to the events that unfolded in London. While the motivations behind the rioting are a complex mix of racial tensions, poverty and idiots who like to break stuff, there definitely was an aspect of young people angry at the conditions surrounding their lives. Looting stores and smashing cars is inexcusable, but I can understand the sense of desperation.

It shouldn't take acts of violence to be heard in any society. My generation wants to participate. However, if we continue to be ignored, it's not hard to imagine frustrations boiling over and into the streets, and our leaders would have only themselves to blame.

I hope it doesn't come to that. But without any changes, it almost certainly will.

SCOTT BOOHAN IS A REDEYE SPECIAL CONTRIBUTOR.

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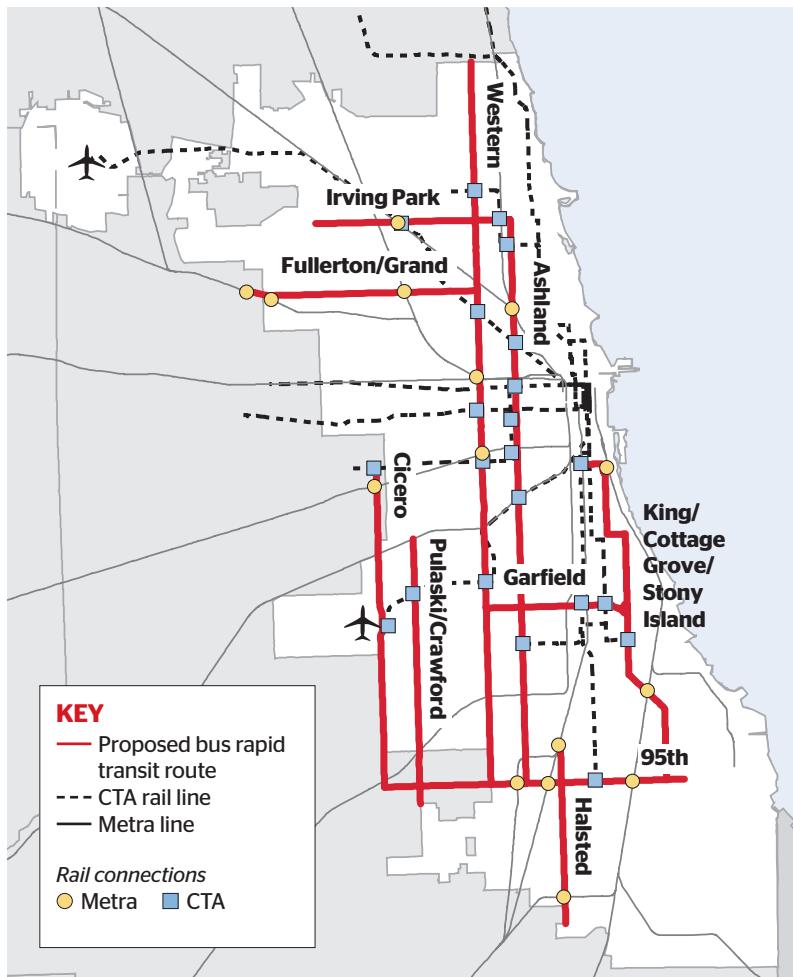
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10 proposed CTA bus rapid transit routes

The Metropolitan Planning Council developed a plan to bring bus rapid transit to Chicago. The proposed system would cover about 95 miles of city streets and connect to CTA and Metra rail service, while also avoiding going through downtown.

Metra and CTA connections Listed by route from north to south

» **Western:** 20.6 miles long

● Metra connections
Milwaukee Dist. North and West, North Central Service, BNSF
■ CTA rail connections by line Brown, Blue (to O'Hare and Forest Park), Pink and Orange

» **Irving Park:** 5.6 miles

● Union Pacific Northwest
■ Brown and Blue

» **Ashland:** 16.1 miles

● Union Pacific North and Northwest (Clybourn station)
■ Brown (Paulina) Blue (Division), Pink (Polk and 18th), Green (to Harlem and Ashland/63rd station), Orange

» **Fullerton/Grand:** 6.6 miles

● Milwaukee Dist. North (Healy) and West (Monte Clare and Elwood Park)

» **Cicero:** 9.1 miles

● BNSF
■ Pink, Orange (Midway Airport)

» **King/Cottage Grove/**

Stony Island: 10.6 miles
● Metra Electric District (McCormick Place, 75th)
■ Red (Cermak/Chinatown), Green (Cottage Grove)

» **Pulaski/Crawford:** 7.6 miles

■ Orange

» **Garfield:** 4.7 miles

■ Red, Green

» **95th:** 8.6 miles

● Metra Electric District (Chicago State), Rock Island (Beverly Hills and Longwood)
■ Red

» **Halsted:** 5.1 miles

● Rock Island (Gresham), Metra Electric District (West Pullman)

SOURCES: METROPOLITAN PLANNING COUNCIL, CHICAGO DEPARTMENT OF TRANSPORTATION, CHICAGO TRANSIT AUTHORITY, INSTITUTE FOR TRANSPORTATION AND DEVELOPMENT POLICY TRIBUNE

CTA RAPID REWARDS?

City buses could double their average speeds with dedicated lanes, transit advocates say

Chicago Tribune

Conditions are ripe in Chicago to try launching the first true bus rapid transit system in the U.S., according to advocates who will unveil their blueprint Wednesday.

The proposal being introduced by the Metropolitan Planning Council calls for starting with a network of 10 CTA bus rapid transit routes covering about 95 miles of mostly bus-only lanes, with buses making stops every half-mile at special stations where passenger prepay their fares just like at rail stations.

The service is aimed at producing major travel-time savings by doubling average speeds compared with regular buses stuck in traffic, as well as connecting with nearby CTA and Metra rail stations.

The routes recommended in the study also serve major destinations including hospitals, schools, parks and shopping areas. The routes are on 95th Street, Ashland Avenue, Cicero Avenue, Fullerton/Grand Avenue, Garfield Street, Halsted Street, Irving Park Road, King Drive/Cottage Grove Avenue/Stony Island Avenue, Pulaski Road/Crawford Avenue and Western Avenue.

They differ in most cases from the three routes the CTA is planning (on Jeffery Boulevard, Western and an East-West Transitway connecting commuter rail stations in the Loop), and another three routes in the future. The streets selected in the new study are wider and more linear, which make it generally easier to implement and operate rapid transit bus lines, officials said.

The two major locations the CTA and the study agree are on Ashland and Western avenues, where the CTA is conducting a corridor study covering 21 square miles.

"Given the funding constraints, our plan for three routes is an aggressive, reasonable and workable plan," CTA spokeswoman Molly Sullivan said.

The planning council's feasibility study forecast 40,000 additional transit trips daily in its proposed bus rapid transit corridors. In addition, the new form of express service would make it easier to move across the city without going through the downtown, by filling in existing gaps in CTA service, officials said.

HOW MUCH?

The cost to construct a bus rapid transit network is estimated at \$13.3 million per mile, according to the study. The capital cost of building a heavy rail system similar to the CTA rail structure averages more than \$96 million per mile, the report said.

"This system will connect people to where they want to go," said Josh Ellis, project manager at the planning council. The first routes could start operating in three to four years, he said.

Existing CTA plans to introduce bus rapid transit fall short of full-blown bus rapid transit, which delivers a decided advantage over car travel by shifting one traffic lane in each direction to bus-only use 24 hours a day.

Asked whether it was achievable politically to take away from car and truck drivers up to 50 percent of lane capacity, Peter Skosey, the planning council's vice president, said: "Mayor Emanuel and everyone he appointed are intrigued by the possibilities" of bus rapid transit, or BRT.

Other BRT features designed to speed trips and produce a premium travel experience for riders include traffic signals that give rapid-transit buses green-light priority at intersections and prepaid boarding at bus stations. Passengers also would board from station platforms that are level with the bus floors.

CTA President Forrest Claypool acknowledged that the current CTA version amounts to "BRT light." The CTA experiment envisions part-time bus-only lanes, only during rush hours. The initial rollout would not include prepaid passenger boarding, meaning that instead of stopping at stations for less than a minute, bus dwell times would be substantially longer.

"There are some good bus rapid transit systems in the U.S., but none of them meet the gold standard," said Annie Weinstock of the Institute for Transportation & Development Policy in New York. The institute worked with the council on the study.

"I was in Chicago a couple of weeks ago, and it seems there is a broad agreement that everyone wants to go for gold on the new lines," Weinstock said.

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"Don't be offended when we send a pile of doughnuts over. We are understanding in its simplicity. ... Doughnuts are delicious and sending cupcakes is a little too mamby-pamby for the sissys [sic] you most certainly are not. All respect."

—MESSAGE ON PORTUGAL. THE MAN'S FACEBOOK PAGE TO THE DETECTIVES WHO FOUND THE BAND'S STOLEN EQUIPMENT



John Gourley of Portugal. The Man performs Aug. 7 at Lollapalooza. GETTY IMAGES

Band repays police with 60 doughnuts

Chicago Tribune

A band that played Lollapalooza hopes it won't be taken the wrong way, but they plan to send five dozen doughnuts to the detectives who helped recover about \$80,000 worth of instruments and equipment stolen the day after the festival.

The band, Portugal. The Man, plans to send along some of its CDs too.

"Don't be offended when we send a pile of doughnuts over," the band posted on Facebook on Tuesday morning. "We are understanding in its simplicity. It's like a marathon runner eating a stack of pancakes before the run. It is much needed energy in your long days of crime-solving and we appreciate this because, well, doughnuts are delicious and sending cupcakes is a little too mamby-pamby

for the sissys [sic] you most certainly are not. All respect."

The band posted the note after Juan Ocampo, 39, was charged with felony theft. Ocampo was ordered held on \$10,000 bail Tuesday. Police say they found the missing equipment at his apartment late last week in the 4800 block of South Throop Street and he was arrested Monday.

The band reported that its Ford van and trailer, with all its equipment, was stolen between 6 and 10 a.m. Aug. 8 from a South Loop parking lot.

The van and trailer were found the next day, but the equipment was gone.

Missing were items including eight guitars, an electric organ, an electric piano, musical pedals, drums, speakers and microphones, an iPod and a banjo, according to a list released by the band.

A police spokesman said accepting the doughnuts should not be a violation of departmental policy.

Rescue in the subway

Chicago Tribune

Benjamin Groepper was waiting for a train at the CTA's Clark and Lake Blue Line subway stop with his sister Krysta on Saturday night when someone fell onto the tracks.

As others called 911, Groepper, a 17-year-old from Portage Park, saw that the man wasn't moving. He then saw the lights of a train flash in the tunnel and realized that someone needed to help get the man off the tracks. After a second or two, Groepper jumped off the platform to the tracks below.

After the rescue, the victim, who has not been identified by authorities, told Groepper and others he was tired from working two jobs.

Groepper credits values he learned as a longtime Boy Scout for his poise under pressure.

"You have to always be prepared," said Groepper, who has attained the ranking of 1st Class Scout. "It was the trigger that made me jump down there and do it quickly and efficiently and get it done without anyone getting hurt."

Despite the happy outcome, CTA officials cautioned against jumping onto the train tracks in any situation.

Protest outside Obama headquarters

Frustration with the nation's immigration policies drew about 70 protesters to President Obama's Chicago campaign headquarters Tuesday to call for an end to "Secure Communities," a program that has led to the deportation of minor criminal offenders along with felons.

Quinn to M-Rahm: Slow down on casinos

Gov. Quinn said Tuesday that Mayor Emanuel is "putting the cart before the horse" with plans for spending money from a Chicago casino that has yet to be legalized.

\$100K of pot seized in Austin

About \$100,000 of marijuana was seized from a West Side residence early Tuesday morning by Chicago police. Police said they executed a search warrant at the residence in the 700 block of North Laramie Avenue in Austin and made an arrest.



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REUTERS

Obama's on Foursquare

1 Social networking app Foursquare has snagged perhaps its highest profile user: **President Obama**. The commander in chief has joined the location-based app to highlight places he visits and what he does there, the White House announced on its blog Monday evening.

Sugarland plans memorial

2 Sugarland is planning a private memorial in Indiana to honor the five fans who were killed Saturday night when a stage collapsed during a storm, the country musicians said Tuesday.

'Housewives' ex found dead

3 The estranged husband of "Real Housewives of Beverly Hills" cast member Taylor Armstrong has been found dead in what police on Tuesday said appeared to be a suicide.

New offensive in Libya?

4 Rebel forces in Libya working to topple the Moammar Gadhafi regime think they can start moving on Tripoli very soon—kicking off a decisive new chapter in the war.

Statue for dead fan

5 A firefighter who fell to his death catching a ball at a Texas Rangers game last month will be memorialized in a statue paying tribute to the team's fans, Rangers officials said.

X-rated Internet race

In preparation for a new XXX Internet domain that will launch in December, lawyers for the most storied brands are scrambling to prevent an x-rated ripoff of an invaluable asset: corporate Web addresses. The operator administering the .xxx domain is accepting early applications from brand owners who want to pre-register their trademarks or block others from snapping them up to create, say, a barbie.xxx or coke.xxx.

Time to rethink renting?

Home prices have taken such a beating and demand for rental units has increased so much that it's now cheaper to buy a two-bedroom home than to rent one in most major U.S. cities.

According to real estate website Trulia, buying was cheaper than renting in 74 percent of the country's 50 largest cities in July. In just 12 percent of the cities, including New York, Seattle and San Francisco, renting was cheaper. In the remaining 14 percent of cities, renting was less expensive but close to the cost of buying.

In addition to a continuing decline in home prices, rock-bottom interest rates have added a lot of weight to the buy side of the scale.

Add in the tax perks of home ownership and for those who can afford it (and who can

actually qualify for a loan), it certainly is a buyer's market.

"It's a personal decision, of course. But if you have a steady job and you are planning to stay for seven years or more and have enough cash to put 20 percent down and enough left over for seven or eight months of expenses, you're better off buying in most places," said Daisy Kong, a spokeswoman for Trulia.

New York is at the other end of the spectrum.

Even though rents average \$2,980 a month in New York (the highest of any of the 50 markets), it's still the best city for renters, according to Trulia's survey.

Paying for the same kind of two-bedroom Manhattan apartment would cost 36 times as much, nearly \$1.3 million.

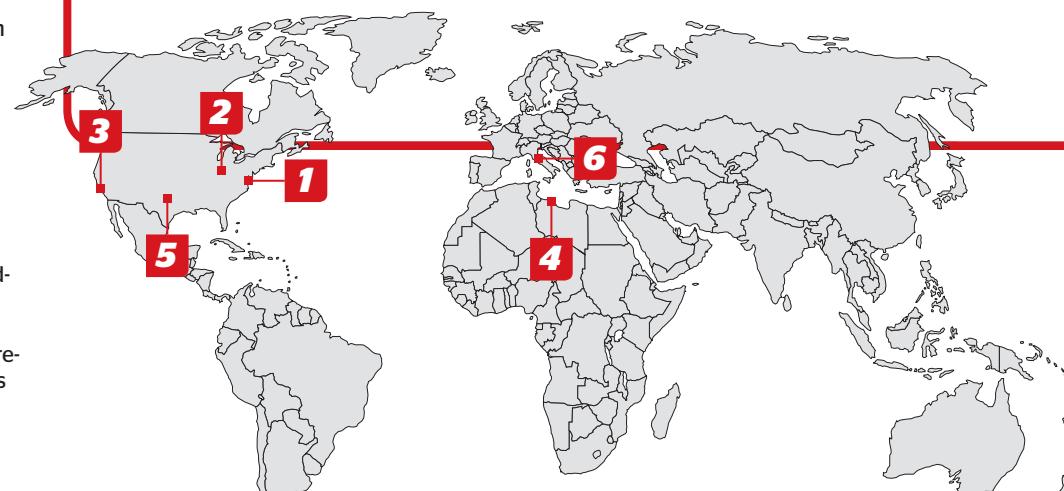
**SURVEY SAYS**

Here are the top five cities (plus Chicago's ranking) where buying beats renting, according to Trulia.

1. Las Vegas
2. Detroit
3. Mesa, Ariz.
4. Fresno, Calif.
5. Arlington, Texas
34. Chicago

**A horse, of course**

6 Jockey Andrea Mari celebrates Tuesday in Siena, Italy, after winning the Palio race—a bareback horse race that has been held in the city's central square on July 2 and Aug. 16 almost every year since the mid-1600s. **REUTERS**



Be rude, get paid

Nice guys don't get the ladies and may not get the paychecks either, according to a new study from Notre Dame, Cornell and the University of Western Ontario.

Disagreeable men earn about 18 percent more—or \$9,722 extra a year—than their more pleasant counterparts. Rude women out-earn sweet ones by 5 percent, or \$1,828, according to the report "Do Nice Guys—and Gals—Really Finish Last?"

Agreeable people want to maintain social harmony and are more popular among their peers. But the study found that anti-competitiveness and self-sacrificing tendencies don't translate into income and earnings.

HOT DATE**Sept. 12**

That's when an interview with the parents of Casey Anthony, who was acquitted of charges that she killed her young daughter, will air on "Dr. Phil."

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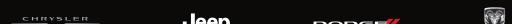
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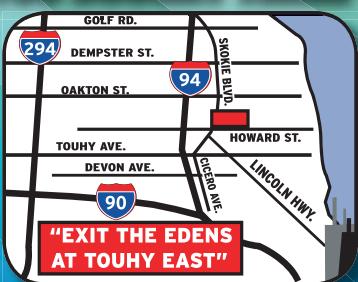
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sports

Carlos Zambrano
CHRIS SWEDA/TRIBUNE FILE



Shut up and play

PITCH FEST: A LOOK AT BASEBALL FROM BOTH SIDES OF TOWN

Today's topic: At what point have outspoken athletes crossed the line?



south side

SOXMAN
twitter.com/thesoxman72

Have you ever fought with someone and said something you immediately regretted? Imagine doing that in front of news cameras, reporters or millions of people.

When baseball players talk, tweet or post to Facebook, the world is listening. Sports cliches like "we play one inning at a time" don't make headlines, but controversy does. Shouldn't pro athletes know this? Yet players still throw temper tantrums, "retire" after bad outings or bash their organization on Twitter, as Florida's Logan Morrison has done. He's in Triple-A now.

In America, the Constitution guarantees freedom of speech. In baseball, like any workplace, there is professional responsibility. Criticizing yourself or your team's performance is OK. Whistle-blowing aside, publicly calling out owners, management or teammates isn't. Should this really be that hard?

READ SOXMAN'S MUSINGS AT TWITTER.COM/THESOXMAN72.

WHOM DO YOU AGREE WITH?

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north side
JULIE DICARO
twitter.com/aeryssports

As a perennial defender of Carlos Zambrano, I have no problem with "outspoken" athletes, so long as their comments are fair and don't single out teammates (cough, cough, [@LoMoMarlins](#)). However, I absolutely draw the line at a player walking out on his teammates as a form of implied protest.

It's one thing for a player to say the team is playing poorly or needs a swift kick in the rear. I've always defended Zambrano's statements to the press because he couches every criticism with a "we." "We" need to play better baseball. "We" can't throw fastballs to Ryan Theriot. "We" are playing like a Triple-A team. Z's comments always implied that he lived or died with his teammates.

Walking out on the team implies that his teammates aren't worth his time or effort. Too far, Big Z. Too far.

READ JULIE DICARO'S CUBS BLOG AT AERYSSPORTS.COM/A-LEAGUE-OF-HER-OWN.

Wrigley troughs: Iconic or icky?

By Alex Parker

FOR REDEYE

For generations, male Cubs fans have spent the baseball season basking in Wrigley Field's bleachers, sipping Old Style and awkwardly looking straight ahead while using the men's rooms' urinal troughs.

But a survey recently sent to fans asks how eliminating the troughs would affect the "restroom experience and overall Wrigley Field experience." The answer choices range from "It would greatly improve my experience" to "It would greatly worsen my experience." The survey also includes queries about concessions, the appeal of the public address announcer and fans' confidence in the Ricketts family.

And while a Cubs spokeswoman said "the Cubs do not have any plans to remove the troughs at this time," the survey's final question addresses the issue.

Described cheekily as Wrigley Field's "most iconic feature" by sports blog Deadspin, the troughs were objects of discussion after the Ricketts family purchased the club. A number of urinals were added last season.

Fans near the ballpark Friday were split on the trough issue, citing everything from hygiene to history.

"I think it would be an improvement," said Patrick O'Connor, 29, of Albany Park. "It is old school, and the field is old school. But I think people like their privacy when they use the restroom."

Others say the troughs are better able to handle large amounts of baseball fans quickly, and also contribute to Wrigley's character.

"I think they're disgusting, but they're part of Wrigley, so I'd like to see them stick around," said Chris Collins, 27, of Lakeview.

"You've got to appreciate the history," said Wrigleyville resident Aaron Claycomb, 25. "The trough is as part of the park as the ivy walls."

ALEX PARKER IS A REDEYE SPECIAL CONTRIBUTOR.

MORE ONLINE

Want more Wrigleyville news? Go to redeyechicago.com/wrigleyville for the latest 'hood news, events and bar specials.

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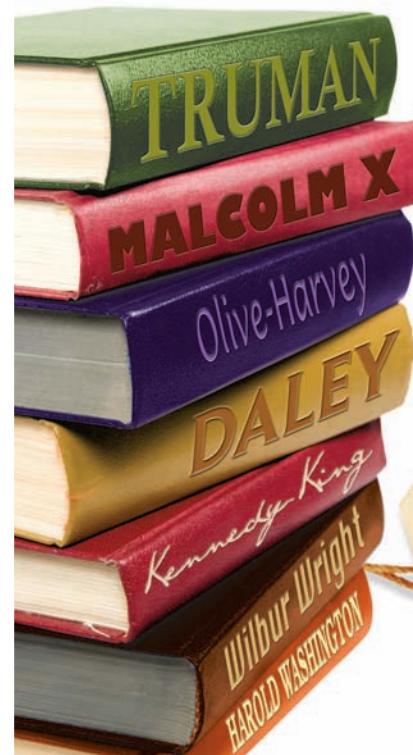
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So sorry

Carlos Zambrano has apologized to Cubs fans; maybe these five should apologize for their humor today.



TOPIC	ERNEST WILKINS twitter.com/remixchicago	TRACY SWARTZ twitter.com/tracyswartz	JULIE DICARO aeryssports.com	SOXMAN twitter.com/theoxman72	MATT OLSEN twitter.com/top10chicago
1 Carlos Zambrano's sorry for his actions Saturday. What should he be sorry about?	Apologizing. You acted like a punk; take your deserved lumps and go strike some dudes out already.	Not abandoning the Cubs sooner.	What should he be sorry about? Not getting more of the 2011 Cubs to retire along with him.	That his story changes direction more than any of his pitches.	For letting us think he'd retire. Teases like that usually require a dollar tucked into a G-string.
2 You are Zambrano's agent. What's your next move?	Real answer: Getting him to the Marlins. Wacky Fives answer: Reality show, guuuurlfriend!	Away.	"Celebrity Big Brother." Zambrano vs. Sheen.	"Celebrity Rehab" with Dr. Drew. Anger is an addiction.	Ask for a cash advance. Otherwise you'll be screwed when Z's blowing millions on a defense lawyer soon.
3 What could be even more lame than a "backup quarterback controversy"?	Being the lead singer of Trapt? Yeah, let's go with "lead singer of Trapt."	Playing second fiddle to Cutler. I'd rather play sad trombone.	My nightly anxiety attacks over the fact that Dez Clark is still the backup long-snapper.	Having no offensive line to back up the backup.	The Bears' offensive line. Oh, and hot milk.
4 How do you know when an outspoken pro athlete has gone too far?	Well, murder is usually a good indicator. Either that or punching a nun.	Once you go Shaq, you can't go back.	Dave Kaplan tells me.	Outside of the Twitter bird blushing, I know by reading RedEye sports, silly.	When my mom hears about it. Or when a dong shot shows up on Deadspin.
5 How can you tell Tracy just finished visiting nine ballparks in nine days?	She's too tired to notice the Jimbo Fisher photos I've placed all over her desk. Go Noles, baby!	The miles on her! Not bad for turning 29 yesterday ...	She just declared bankruptcy.	She spat pun kin seeds at her family, was safe at first then thrown out at home.	From the karate chop to my face when I offered her peanuts and Cracker Jack.

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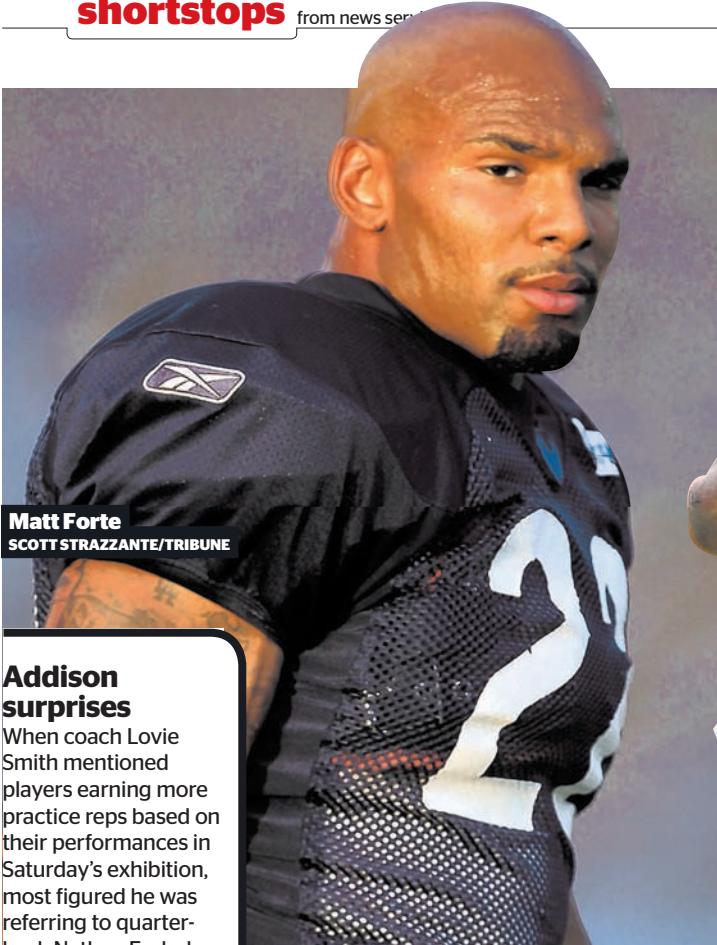
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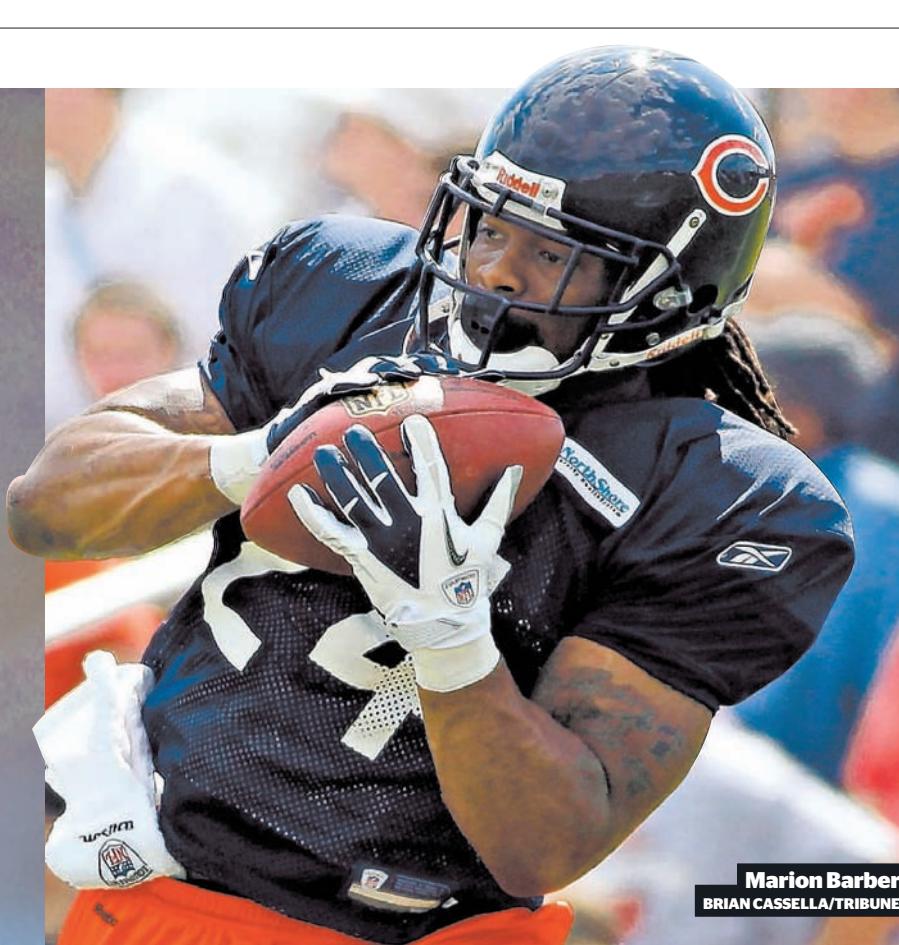
Matt Forte
SCOTT STRAZZANTE/TRIBUNE

Addison surprises

When coach Lovie Smith mentioned players earning more practice reps based on their performances in Saturday's exhibition, most figured he was referring to quarterback Nathan Enderle.

Another rookie, however, opened Smith's eyes during the Bears' 10-3 victory win over the Bills. Undrafted free-agent Mario Addison, a defensive end from Troy found himself running with the second-team defense Monday. With second-year player Corey Wootton expected to be sidelined a month following arthroscopic knee surgery, Addison has the opportunity to make an even stronger impression.

"I have a chance to step up and fill some shoes," Addison said. "I think it's a chance for me to just play all out."



Marion Barber
BRIAN CASSELLA/TRIBUNE



Current White Sox players don't understand why former teammate Jim Thome's 600th home run wasn't a huge deal in sports. "I remember when A-Rod [Alex Rodriguez] did it, [Sammy] Sosa, it was all built up, all the networks were flashing in to watch," catcher A.J. Pierzynski said. Oh, and then we realized all those guys were linked to steroids in some way, remember? That couldn't have anything to do with it, could it?

TREATED
A.J. Pierzynski, you are ridiculous. First time on the DL in your career. I get a bad flea bite and I'm calling in sick here at RedEye in no time flat.

IN THE DOGHOUSE
I hate to do this, I really do, but Kerry Wood, please don't defend Carlos Zambrano. He's helped make the Cubs look like a joke and isn't the pitcher he was, so his antics cannot be tolerated.

Running men

Matt Forte, Marion Barber could be dangerous 1-2 punch for Bears

BOURBONNAIS The most hyped free-agent acquisition in training camp has been Roy Williams, but one scout at the first exhibition suggested Marion Barber will have a bigger impact for the Bears.

He wasn't taking a swipe at the wide receiver as much as he was noting the fit Barber can be. If his 45-yard effort against Buffalo was reflective of how effective he will be, the Bears could have a better 1-2 combination than when Thomas Jones and Cedric Benson shared the backfield.

The key will be for offensive coordinator Mike Martz to pick up where he left

off last season. It took some lumps in the first seven games and a come-to-Jesus meeting during the off week for the Bears to figure out what worked and what play-book pages needed to be shredded.

In the final nine games, the offense had more pass attempts than rushes just twice — both times in losses. Matt Forte took off, finishing with a career-high 1,069 yards. In six of the first seven games, he had 14 carries or fewer, making you wonder what could have been had the Bears been committed to the ground from the start.

"There is no telling," Forte said.

The personnel additions and subtractions look to fit a power running game. Barber and new 6-foot-7, 260-pound tight end Matt Spaeth fit the mold. You can debate Greg Olsen's willingness to block all you want, but he wasn't a plus in the run game. Now, 6-7, 267-pound Kellen Davis will have a bigger role.

"It enables you to do a lot of things," tight ends coach Mike DeBord said. "They're so big, they can get on the defensive ends to get outside and they're big where you can run the ball inside. It really enables you to run the ball both ways."



GAME PLANNER

Cubs at Houston
1:05 p.m. WGN

White Sox vs. Cleveland
7:10 p.m. WCIU

MLB: Philadelphia vs. Arizona
6:05 p.m. ESPN

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» Chicago could lose the PGA Tour after September's BMW Championship, but it's gaining a Canadian Tour event Sept. 10-16, 2012, at Royal Country Club of Long Grove.

» Houston 6, Cubs 5 » White Sox vs. Cleveland, late » Sox put A.J. Pierzynski on 15-day disabled list because of fractured wrist.



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5812 N. Broadway
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Sun Wah BBQ
5039 N. Broadway.
773-769-1254

Barbecue combination plate: Chinese barbecued pork, chicken and duck with white rice and greens (\$5.25)

Fiesta Mexicana
4806 N. Broadway.
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Chicharron taco: doubled-up corn tortillas filled with crispy pork skin in tomatillo salsa (\$3.99)

LAKEVIEW

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958 W. Belmont Ave. 773-388-1574

The Mac grilled cheese sandwich: American cheese, Merkts cheddar, and mac 'n' cheese on Texas toast with tomato soup for dipping (\$5.95)

*** Chicago Bagel Authority**
955 W. Belmont Ave.



773-549-1982

The Dirty Swede sandwich: turkey, bacon, smoked cheddar, cream cheese, colby cheese, mayo, lettuce, tomato and alfalfa sprouts on an onion bagel (\$7)

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Barbecue pork noodle soup: rice noodles, barbecue pork, spinach, bean sprouts and cilantro in a clear broth (\$7)

Taste of Lebanon
1509 W. Foster Ave.
773-334-1600

Vegetarian combo: three pieces of falafel, hummus, baba ghanoush, tahini, kalama-ta olives and balsamic vinaigrette with pita bread and a stuffed grape leaf (\$5.97)

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Cheap & tasty

Where to fill up for \$7 or less in 15 'hoods

By Linda Hays

This summer has been a blast—and you've been paying for it. By this time in August, all those double-digit cocktails at rooftop bars, marked-up ball-game beers and dinner dates to woo that summer fling have taken their toll. When finding a sandwich for less than \$10 seems harder than searching for insight in an episode of "Bachelor Pad" and payday is still a couple of days away, consider this your cheat sheet to eating cheap. In 15 neighborhoods, we zeroed in worth-your-money picks at old favorites as well as fresh spots opened in the past year. From always-reliable falafel and pizza to more adventurous eats such as pig's ears or kimchee burger, these bargain bites fit the bill for \$7 or less.

LINDA HAYS IS A METROMIX SPECIAL CONTRIBUTOR. METROMIX@TRIBUNE.COM | @METROMIXCHI

* Denotes restaurants that have opened in the past year. Prices are pretax.

LINCOLN PARK

*** Tzatziki Grill**

2485 N. Clark St.

773-348-6262

Greek salad: romaine, feta, onions, tomato, cucumber, peperoncini, kalama-ta olives and balsamic vinaigrette with pita bread and a stuffed grape leaf (\$6.57)

*** Del Seoul**
2568 N. Clark St.

773-248-4227

Bulgogi banh mi: marinated rib-eye steak, pickled daikon and carrots, jalapenos, onion, cilantro and red pepper aioli on a toasted baguette (\$5.95)

*** Big Stuff**

2312 N. Lincoln Ave.
773-472-7795

Big slice combo: An 18-by-8-inch cheese pizza slice with any soup or salad (\$6.95), excluding The Big Stuff or chopped salads

WEST TOWN
including Ukrainian Village & Noble Square

Lovely

1130 N. Milwaukee Ave.
773-572-4766

Turkey sandwich: deli-style turkey, provolone, red peppers and roasted garlic-shallot spread on sourdough (\$6.50)

Pizza Metro II

925 N. Ashland Ave.
773-772-3267

Chicken parmesan sandwich: panko-crusted chicken with marinara sauce and mozzarella cheese on French bread (\$6.99)

Chickpea

2018 W. Chicago Ave.
773-384-9930

Shawarma dajaj sandwich: roasted Amish chicken, garlic sauce, pickles and red cabbage in a pita (\$6)

grilled tortilla with vegan cheese, assorted mushrooms, tomato and onion (\$3.95)

90 Miles Cuban Cafe

2540 W. Armitage Ave. 773-227-2822

Cubano sandwich: ham, roasted pork, sweet mustard, pickles and Swiss cheese on French bread (\$6.95)

Anong Thai Cuisine

2532 N. California Ave.
773-292-5007

Bamee noodles: barbecue pork, egg



noodles, wonton crisps, green onions, bean sprouts, cilantro and peanuts (\$6.95)

BUCKTOWN & WICKER PARK

Sultan's Market
2057 W. North Ave.
773-235-3072

Falafel sandwich: pita stuffed with falafel, hummus, chili paste, and tabbouleh or Jerusalem salad (\$4)

Crepe Crave
1752 W. North Ave.
773-698-8783

Greek crepe: feta cheese, spinach, pine nuts, sun-dried tomatoes, olive oil and garlic in a folded crepe (\$6.25)

*** Delish Diner & Bakery**
2018 W. Division St.
773-276-5200

Delish Burger: beef patty, cheddar cheese, bacon and

fried egg on a bun with potato salad, fries or coleslaw (\$7)

HUMBOLDT PARK

*** West on North**
2509 W. North Ave.
773-278-7710

Steak sandwich: marinated skirt steak, Swiss cheese and caramelized onions on a sub with curly fries (\$7)

Cemitas Puebla
3619 W. North Ave.
773-772-8435

Milanesa cemita: breaded pork loin, avocado, chipotle pepper sauce and Oaxaca cheese on a round sesame bun (\$6.50)

Tommy's Guitars & Cafe
2548 W. Chicago Ave.
773-486-6768

Chopped chicken sandwich: grilled chicken, provolone, mayo, lettuce, tomato and cucumber on toasted focaccia with chips (\$6.49)

RIVER NORTH & STREETERVILLE

*** NYC Bagel Deli**
515 N. Dearborn St.
312-923-9999

Tomato basil pizza slice: fresh tomato, mozzarella and parmesan cheeses, basil, garlic, and olive oil on New York-style crust (\$4.44)

L'Appetito 30 E. Huron St. 312-787-9881

Italian submarine: capicola, salami, mortadella, provolone, lettuce, tomato, olive oil and giardiniera on Italian bread (\$6)

*** Flaco's Tacos**
46 E. Chicago Ave.

312-266-8226

Veggie torta: Chihuahua cheese, poblano peppers, avocado, beans, rice, onions, lettuce, tomato and mayo on a roll (\$5.95)

LOOP & SOUTH LOOP

*** Pierogi Heaven** 169 N. Wells St. 312-263-9305

Six pierogi: options

include pork and beef, potato and

cheese, or strawberries, blueberries, cherries and plums (\$5.39)

Chutney Joe's 511 S. State St. 312-341-9755

Chicken tikka masala: yogurt-marinated chicken curry with a full serving of basmati rice or naan or

half servings of each (\$5.99)



Benjyehuda

212 W. Van Buren St.
312-408-2365

Chicken shawarma box: roasted chicken on basmati rice or romaine with toppings such as hummus, baba ghanoush, hot sauce and Jerusalem salad (\$6.99)

PILSEN

Abuelo's Pilsen Grill 2007 S. Damen Ave. 312-733-0329

La Toluquena torta: chorizo, marinated onions, avocado, beans, cheese, lettuce and tomato on a roll (\$7)

Fogata Village

1820 S. Ashland Ave.
312-850-1702

Veggie quesadilla: Chihuahua cheese, broccoli, carrots and peppers served with guacamole and sour cream (\$6.99)

Birreria Reyes de Ocotlan 1322 W. 18th St. 312-733-2613

Small goat platter: spiced goat meat stew with onions, cilantro, lemon and three tortillas (\$7)

CHINATOWN & BRIDGEPORT

Tacos Erendira 3207 S. Halsted St.
312-567-0202



Guisado de puerco burrito: pork and tomato stew in a tortilla with lettuce, tomato and cheese (\$4.25)

Spring World
2109 S. China Place
312-326-9966

Three appetizers: choose from a rotating suggestion including spicy chicken, seaweed salad, beef tripe and pig's ears (\$4.99)

Gourmet Food Inc.
210 W. 23rd St.
312-842-3366

Spare ribs lunch box: Chinese-style pork spare ribs with bitter melon and white rice (\$4.70)

LITTLE ITALY/ UNIVERSITY VILLAGE

* Sabor Express

1230 W. Taylor St.
312-733-4800

Two chicken skewers: Cincinnati-style chili over spaghetti with shredded Swiss and cheddar cheeses (\$6.99)

Mellow Yellow

1508 E. 53rd St.
773-667-2000

3-way chili: Cincinnati-style chili over spaghetti with shredded Swiss and cheddar cheeses (\$6.99)

Noodles Etc.

1333 E. 57th St.
773-684-2801

Wasabi shumai: four steamed pork and veggie dumplings in wasabi-infused wonton wrappers (\$4.25)



BEST DINING EVENTS

DINING PRODUCER LISA ARNETT'S PICKS

* = THIS WEEK ONLY



Good things we ate

Hidden away on the second floor of local boutique owner **Ikram's new eponymous shop** at 15 E. Huron St. in River North, you'll find a tiny cafe filled with fashionable diners sipping champagne and nibbling away on salads and sandwiches assembled from Green City Market produce. It takes a bit to bake, but this simple **cobbler** (\$9) with plump cherries and plums was worth the wait. —LISA ARNETT, METROMIX DINING PRODUCER

*** BARRIO URBAN TAQUERIA**
6:30 p.m. Thu.: Summer Farm to Table wine dinner. A four-course dinner includes wine pairings and a reception with cucumber-orange margaritas; \$40; 713 W. Diversey Ave. 773-360-8316.

*** CHICAGO FIREHOUSE RESTAURANT**
6 p.m. Wed.: Green City Market cooking class. Chef Kendal Duque demonstrates how to prepare a three-course meal using fresh ingredients. Includes beer, wine, menu tastings, recipe cards to take home and a dis-

count at the Green Acres and Seedling Farms stands at Green City Market the following Saturday; \$60. RSVP recommended; 1401 S. Michigan Ave. 312-786-1401.

*** CHICAGO GREEN CITY MARKET**
9 a.m. Sat.: Being a Chef: French Menu from Green

City Market. Meet at the Lincoln Park market, then return to The Alliance Francaise (810 N. Dearborn St.) to prepare a meal with ingredients from the trip; \$85-\$95; 1750 N. Clark St. 312-337-1070.

GRANT PARK
5 p.m. Fri.-Sat.: Food Trucks in Grant Park. Score eats from local food trucks at this weekly gathering, hosted by the Chicago Park District and Mobile Cuisine Magazine; no cover; Balbo Avenue and Columbus Drive.

GT FISH & OYSTER
Wed.: Half-price oysters (10:30 p.m.-midnight); 531 N. Wells St. 312-929-3501.

HB HOME BISTRO
Wed.: \$30 three-course dinner; 3404 N. Halsted St. 773-661-0299.

KODA BISTRO

Wed.: \$5.75 select martinis; Thu.: Half-price sangrias; 10352 S. Western Ave. 773-445-5632.

NIU JAPANESE FUSION LOUNGE
Wed.-Fri.: Half-price sushi 11 a.m.-3 p.m., \$13.50 lunch set (includes entree, soup, salad, rice and more); 332 E. Illinois St. 312-527-2888.

*** PERENNIAL VIRANT**
Noon Wed.: Death's Door Pig Lunch. Chef Paul Virant prepares a four-course meal featuring pork and Wisconsin cheese with cocktail pairings highlighting spirits from the Wisconsin distillery; \$50. RSVP required; 1800 N. Lincoln Ave. 312-981-7070.

PRAIRIE FIRE
Wed.: Buy-one-get-one-free sirloin burgers; 215 N. Clinton St. 312-382-8300.

SUNDA

Wed.-Fri.: Sunda Social. Half-price select appetizers and select sushi rolls, \$8 specialty cocktails, \$20 sushi and sake pairing (5-7 p.m.); 110 W. Illinois St. 312-644-0500.

*** SUSHI SAMBA RIO**
6 p.m. Thu.: Nihon Bunka Festival. A Japanese cultural celebration features appetizers, beer, tequila, martial arts demonstrations, sushi-rolling demonstrations, a raffle and a silent auction. \$40; 504 N. Wells St. 773-525-3141.

ZAPATISTA
Wed.: 25 percent off glasses of wine, \$5 sangria glasses; Thu.: \$5 rumritas; Sat.: \$5 select brunch entrees (11:30 a.m.-3 p.m.); Sun.: \$3 Victoria drafts, \$5 bloody marys with Corona back, \$5 select brunch entrees (11:30 a.m.-3 p.m.); 1307 S. Wabash Ave. 312-435-1307.

PICK
OF THE
WEEK

Taste of Andersonville Dinner Crawl

Choose from one of two tours of 11 restaurants and bars (\$25 in advance; \$30 day of) or hit all 22 (\$40 in advance; \$50 day of). Get your passport stamped by every spot on your route to enter to win tickets to the Andersonville Dessert Crawl, a future event. Stops include Caprese flatbread at In Fine Spirits, roasted pork sliders at M. Henry, Italian ice at The Coffee Studio and toffee at Terry's Tooffee, among many others; \$25-\$50; 6 p.m. Wednesday. Go to andersonville.org for more information and tickets until 2 p.m. the day of the crawl. Pick up your passport or buy night-of tickets at the Swedish American Museum Center, 5211 N. Clark St. 773-728-2995.



IT ONLY GETS BETTER

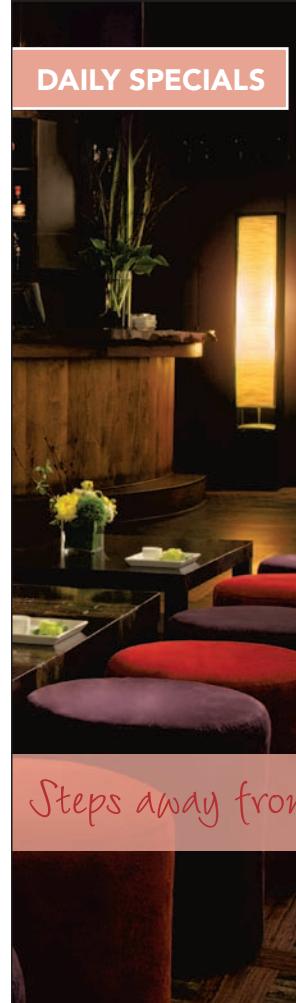
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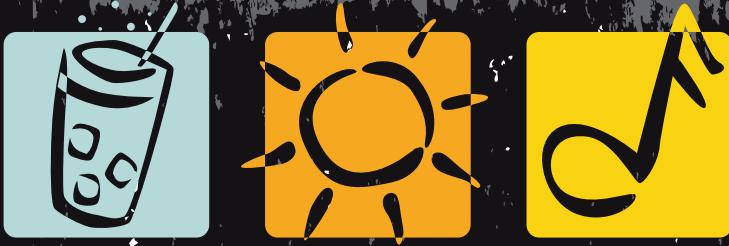
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This year's NSS will bring the hot dog to a new level, with local spots like Black Rock, Brown trout, Pitchfork, and Sola, dishing out their best interpretation of the classic dog.

HOT-DOG EATING CONTEST 2PM SUNDAY

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For more information visit StarEvents.com



FOOD FIGHT

SETTLING DELICIOUS, AGE-OLD DISAGREEMENTS ONE ARGUMENT AT A TIME

Some like their pizza cut in squares, while others swear by slices. For as long as we've been stuffing our faces with delicious food, there have been conflicts about the way we eat it. Addressing such fervent foodie issues, we bring you Food Fight.

This week: Are pig roasts fun or gross?



VS



FUN

Assuming you're not a vegetarian, vegan or non-pork eater, the only thing standing in the way of getting completely hyped about a pig roast is the slightly ick-inducing thought of having to see a whole pig on a platter in front of you. It's not a visual that exactly screams "yum," but let's face it—pudding is kind of disgusting-looking as well, and Jell-O seems to be getting by just fine. Just get over it and try some. Bottom line: It tastes good. Really good. And nothing really brings the party like gathering around table and watching someone carve up a whole hog, am I right? —EMILY VAN ZANDT



GROSS

Call me finicky, but I'd rather not stare into the eyes of the animal whose limbs are about to be torn off and put on my plate. I'm no vegan, but I'm not Anthony Bourdain, either. Keep the pig in the kitchen, please, so I can enjoy my pork sans guilt. —GEORGIA GARVEY

LAST WEEK'S RESULTS: WHICH IS THE BEST SUMMER SIDE, POTATO SALAD OR COLESLAW?

	POTATO SALAD	COLESLAW
	62%	38%

LOG ON TO REDEYECHICAGO.COM TO TAKE A SIDE.

THE VENUE



HITZ BOXING PRESENTS ESPN2 FRIDAY NIGHT FIGHTS FEATURING DAVID DIAZ
This Friday, August 19



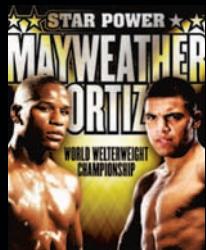
RETURN TO FOREVER IV
ZAPPA PLAYS ZAPPA
This Saturday, August 20



DIANA KRALL
September 15



EDDIE GRIFFIN
September 16



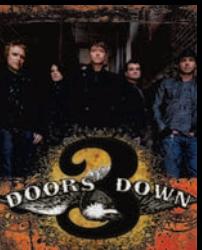
MAYWEATHER VS ORTIZ TELECAST
September 17 ON SALE FRIDAY



JOHN OLIVER OF THE DAILY SHOW
September 23



BRAVO PRESENTS THE REAL HOUSEWIVES LIVE TOUR
October 8 ON SALE FRIDAY



3 DOORS DOWN WITH THEORY OF A DEADMAN
November 6 ON SALE FRIDAY

UPCOMING SHOWS:

- ESPN CHICAGO'S FANTASY FOOTBALL CHAMPIONSHIP | August 27
- THE HOT MIX FIVE REUNION | September 10
- HARVEST MOON CONCERT FEATURING MS. FONG & PETER CHAN | September 12
- GEORGE CLINTON WITH CAMEO | September 30
- ROGER DALTREY PERFORMS THE WHO'S TOMMY | October 7
- SHAQUILLE O'NEAL PRESENTS ALL STAR COMEDY JAM | November 4
- JUDAS PRIEST WITH BLACK LABEL SOCIETY AND THIN LIZZY | November 12
- LISA LAMPANELLI | December 3

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music



Todd Rittmann (center) and Dead Rider

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Where: Hideout,
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"Mothers Meat"

**SEE
THEM
LIVE**

Dead Rider's guitarist talks chaos, Nic Cage and the band's creepy Tumblr

Dead Rider guitarist Todd Rittmann, who cut his teeth in noise-rock crew U.S. Maple, sometimes gets a reputation for being dark. In actuality, Rittmann, 42, just believes in giving a full, detailed account of his experiences—not just those easier-to-digest moments.

"A song about love should be good and bad," explained the Logan Square resident, who

takes a Captain Beefheart-ian stab at fractured funk on his band's sophomore album, "The Raw Dents." "Love is something you're engaged in, and it's a struggle sometimes." By phone Rittmann discussed the band's name change (from D. Rider to Dead Rider), where he finds inspiration and how Nicolas Cage nearly ruined the Rider name.

Did you consider any other names besides "Dead" when you expanded on D. Rider? Desmond? Or maybe just do the Homer Jay Simpson thing and make it Dee Rider?

[Laughs.] I guess there was a second there where I was thinking of just having it be one word: Derider, as in one who derides everything.

Do you feel like Nic Cage's "Ghost Rider" gave all riders a bad name?

Nicholas Cage is like the greatest-slash-worst actor ever. That movie was just so horrible. That's one of a handful of things he's done that just rounded the corner from horrible almost into amazing. So, yeah, he ruined it. Thank you very much, Mr. Cage. Well done. Bravo.

There's a real element of chaos to this new record.

Well, Andy, you and your readers may not know, but I got a long history

FASTFWD

THIS WEEK'S TOP 5 LIVE SHOWS

1. Manchester Orchestra

7 p.m. Sat. at First Midwest Bank Amphitheatre

A fantastic live band.

2. Incubus

7 p.m. Sun. at Northerly Island's Charter One Pavilion

Don't play the new stuff, please.

3. Katy Perry

7:30 p.m. Sun. at Allstate Arena

Can't sing, but songs are catchy, I admit.

4. I Fight Dragons

7:30 p.m. Sat. at Lincoln Hall

Full-length debut coming in October!

5. The Damned Things

7 p.m. Fri. at House of Blues
Half of Fall Out Boy rocks on.

New releases

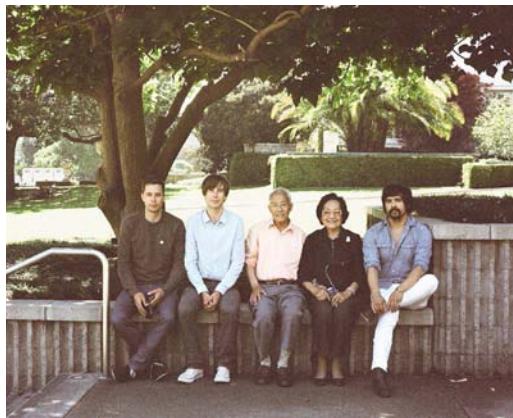


Mister Heavenly "Out of Love" (Sub Pop)

Maybe you're the sort of music fan who thinks a band featur-

ing members of Islands, Modest Mouse and Man Man constitutes a supergroup. Or maybe you have no interest in those indie rock outfits and find it obnoxious that Mister Heavenly has used Michael Cera as its touring bassist. Regardless, any fan of strong, nostalgic melodies should find a lot to like about "Out of Love," which opens with the exceptional "Bronx Sniper" (how boldly chilling to open an album with the quietly murmured line, "Later on, in the epilogue, they found her") and follows with a steady stream of infectious shimmy and jangle. The record's front-loaded with highlights and certain songs ("Harm You," "Reggae Pie") are a bit whiny, but the group's brand of "doom wop" (their term, not mine) seduces by blending lovelorn '50s sensibilities with songwriting techniques that sample from various decades at will (note the distinctly '70s-sounding "Wise Men"). This is a good record that could yield a great follow-up, assuming this project isn't a one-off situation.

—MATT PAIS



TODD RITTMAN PERSONALITY TEST

What's the last album you bought?

"Quiet Fire" by Roberta Flack

Song you've listened to on repeat recently?

"Thee Plea" by Racebannon.
"I don't have the greatest appetite for metal, but this is just great music."

Song you never want to hear again?

"If I ever make it through a whole Lady Gaga song, it will be that one."

Best concert you've seen in the last year?

Eric Chenaux opening for Godspeed You!

of being accused of dealing in chaos. It's not really the case, though. It just sounds like that to the people that aren't in my head.

At the same time, some of these tracks have a heavy funk influence.

I have been heavily influenced by funk since I was a little kid, and this band has actually been a way for me to let those wings spread a little bit. Funk music is a little bit of a loaded term, so it might be fair to warn people that we're not some funk jam-band.

On the last record you used cellphones, spray paint cans and cassette tapes to create the different sounds you pictured in your head. Did you employ any odd objects this time around?

We were looking for something that sounded like a brushed snare drum, only without any tone at all. [Drummer] Matt [Espy] ended up grabbing a painting off the wall and brushing that.

Are you the kind of person who can walk past a construction site and hear the musicality in a jackhammer?

I guess I am. But isn't everyone? I've never

Black Emperor. "Godspeed wasn't really my thing, but Eric blew me away. A truly great singer."

New band you don't know personally that deserves to be big? "Deerhoof are big, but deserve to be much bigger."

Favorite movie ever? Any Stanley Kubrick. "Don't make me pick one."

Chicago's best music venue? "Hideout by a mile!"

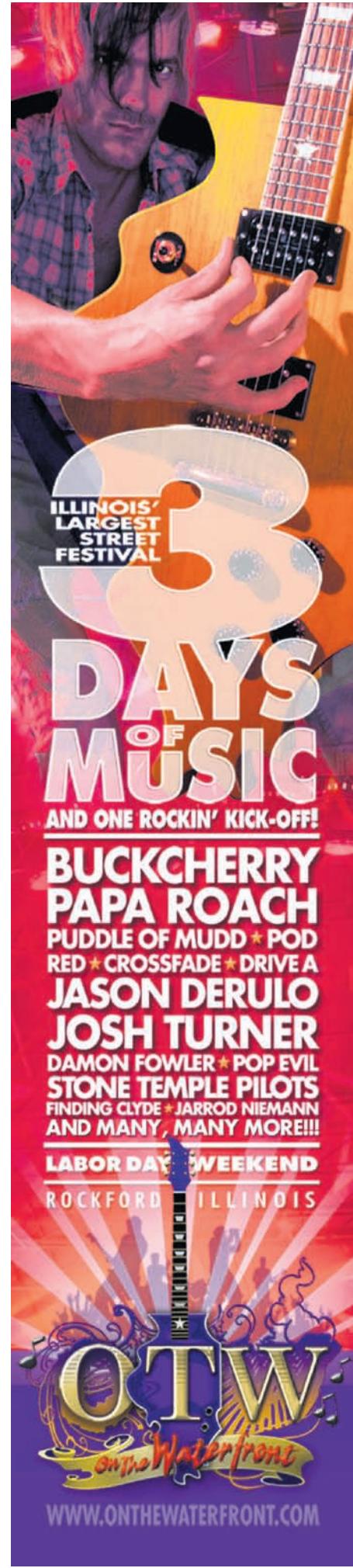
really thought about how I find inspiration. It comes from all places. There's definitely part of it that comes from holding a musical instrument I'm really familiar with and just throwing my hands at it and seeing what happens. Then there's the other part of just living in my head a lot and coming up with an idea and then figuring out how to realize it in the real world. And then, yeah, there's the thing you mentioned where it's just things coming at you and suggesting an idea that you try to grab hold of.

Does your Tumblr (deadrider.tumblr.com) exist for the sole purpose of disturbing people?

[Laughs.] I'm not trying to give people a fright with the Tumblr account or the music. It's a common misunderstanding. I don't know. Maybe I'm darker than I'm aware of? The kind of world I live in doesn't turn away from anything. Right now, there's a lot of happy, hand-holding, warm blanket kind of sounds and visuals out there. That's all right, but it's not really for me. I can't deal with a steady diet of one sweet flavor all the time. I like my fur stroked in all directions.

ANDY DOWNING IS A METROMIX SPECIAL CONTRIBUTOR.

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Up Close @ Montrose



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Marty & Wayne of
FREDDY JONES BAND



Saturday,
Sept. 24

JIM PETERIK'S "Lifeforce"
Record Release Concert
featuring Mindi Abair &
other special guests



Saturday,
Sept. 30 & Oct. 1

Bob Mould
"See A Little Light"



Saturday,
Nov. 5

Michael McDermott



Saturday,
Nov. 12

Robbie Fulks & The Country Allstars
Mike Bubb, Robbie Gersoe,
Jenny Scheinman, Ron Spears

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- SATURDAY, AUGUST 20 · DOORS 8:30PM SHOW 9:00PM
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TICKETBOOTH

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ON SALE 10 A.M. FRIDAY

* **CHRIS BROWN, KELLY ROWLAND, T-PAIN, TYGA**, Friday, Sept. 23 (\$19-\$83, all ages) at First Midwest Bank Amphitheatre.

GETTY IMAGES

at Schubas.

Friday, Oct. 28 (\$16-\$30, 18+) at Metro.

GIANT PANDA GUERRILLA DUB SQUAD, Tuesday, Oct. 11 (\$12, 18+) at Schubas.

BUTCH WALKER AND THE BLACK WIDOWS, Thursday, Oct. 13 (\$20-\$22, 21+) at Double Door.

*** TOMORROW NEVER KNOWS 2012**, Jan. 11-15 (\$75 for five-day pass, age restrictions vary) at Schubas, Lincoln Hall, Metro, Smart Bar, Hideout.

SAMMY DEE, FRANKIE VEGA, MATT MAIN, Saturday, Sept. 24 (\$5-\$13, 21+) at Smart Bar.

THE WATSON TWINS, AUNT MARTHA, Tuesday, Sept. 20 (\$10, 21+) at Schubas.

GIGAMESH, KID COLOR, MICHAEL SERAFINI, ADULTURE, Sunday, Sept. 4 (\$5-\$10, 21+) at Smart Bar.

ON SALE 10 A.M. SATURDAY
*** ROBERT RAN-DOLPH AND THE FAMILY BAND, GARY CLARK JR.**, Saturday, Oct. 29 (\$25, 18+) at Park West.

NATE MANIC, Friday, Sept. 30 (\$5-\$10, 21+) at Smart Bar.

UMPHREY'S MCGEE, Friday, Nov. 25 with Beats Antique, Chicago Mass Choir (\$35, 18+), Saturday, Nov. 26 with Cornmeal, Chicago Mass Choir (\$35, 18+) at Aragon.

PHANTOGRAM, REPTAR, EXITMUSIC, Sunday, Oct. 23 (\$16-\$18, 18+) at Metro.

ROD TUFFCURLS AND THE BENCH PRESS, DJ BOP CITY BEATS, Saturday, Oct. 15 (\$10-\$15, 21+) at Double Door.

ON SALE NOW
NOCTURNA, DJ SCARY LADY SARAH, Saturday, Aug. 20 (\$10, 18+) at Metro.

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upcoming events

thursday | aug. 18

Meagan Hickman & Co.
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9:00 PM | ADMISSION: \$5 | ALL AGES

thursday | aug. 25

Kate Diaz
Singer/Songwriter Showcase
9:00 PM | ADMISSION: \$5 | ALL AGES

friday | aug. 19

Karlye Lapetina
featuring Kevin Mileski
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10:00 PM | ADMISSION: \$5 | ALL AGES

friday | aug. 26

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GET SCHOOLED

5 spots to learn to act, bust a move or take it off

By Julia Borcherts

You remember the drill—come mid-August, it's time to leave behind the lazy days of summer in favor of, you know, learning something. But self-improvement doesn't have to be a drag. Whether you're returning to the grind of classes and homework or simply twitching from lukewarm memories of it, you'll actually want to show up for these classes in comedy, theater, magic, burlesque and urban dance.

JULIA BORCHERTS IS A METROMIX SPECIAL CONTRIBUTOR. METROMIX@TRIBUNE.COM | @METROMIXCHI

Drop-In Improv Class

Exercise your funny bone at this weekly session for aspiring and established comics to see if the house that launched Tina Fey, Mike Myers, Amy Poehler and Gilda Radner is right for you.

Try it: 10 p.m.-midnight Wednesday, then 6-8 p.m. Sundays at The Second City Training Center, 1618 N. Wells St.

Registration: \$15; secondcity.com; 312-664-3959

Extra credit: Spend half the day Aug. 24 with "30 Rock" actor (and Second City alum) John Lutz as he leads a small-group seminar for creating comedic scenes called "If You Can Improvise, You Can Write" (Noon-6 p.m., \$150).

Basic Burlesque

If your attempt at a bump and grind is more likely to end up in a trip and fall, you can turn that awkward gait into a sexy shimmy—and perfect the fundamentals of the tease—with help from instructors at this four-week, high-heels-optional workshop.

Try it: 7:30 p.m. Tuesdays at Studio Lamour, 939 W. Randolph St.

Registration: \$60 for four weeks; two-for-\$90 if you sign up with a pal; studiolamour.com

Extra credit: On Sept. 17, attend the Superstars of Burlesque workshops, where six local and national burlesque and boylesque dancers will school you in the arts of costuming, sultry acting techniques, dance moves and more for \$25 per session; \$70 for three; or \$135 for an all-day pass.

Beginners Acting Workshop

Had enough of everyone else's drama? Learn how to create some of your own—in a good way—at this free, three-hour introductory event where you try your hand at theater games, improv, nonscripted scenes and scripted on-camera work, and learn the theories behind each exercise.

Try it: 1:30-4:30 p.m. Aug. 27 at Act One Studios, 640 N. LaSalle St.

Registration: Free. RSVP required (312-787-9384); actone.com

Extra credit: Discover a hidden talent? Go back in September and choose from a series of beginners' classes in stage, improv, film and TV, commercials, voice-over and more—some include graduation performances.

Magic Lessons

If the word "school" has you dreaming of Hogwarts, head to this emporium of illusions for private instruction by professional magicians in card, coin and rope tricks, sleight of hand and more. BYO would-be-wizard pals for discounted semiprivate lessons.

Try it: By appointment at Magic Inc., 5082 N. Lincoln Ave.

Registration: \$60 per session; \$85 for two people; \$100 for three people; 773-334-2855; magicinc.net

Extra credit: At 2 p.m. Saturday, magician David Kovac leads an "Acting for Magicians" seminar and demonstrates how to turn simple tricks into theatrical presentations. Tickets cost \$25-\$30.

Adult Intro to Break

Wish you knew how to be more dangerous on the dance floor? Unleash your inner b-boy or b-girl at this introductory dance class that eases you step by step into footwork fundamentals. Bonus: Try out the first class for free—if you can't stop busting a move, sign up for the remainder of the six-week course, where you work into freezes, drops and other battle moves.



Try it: 9-10 p.m. Aug. 29, 7-8 p.m. Sept. 1 at Dance Center Chicago, 3868 N. Lincoln Ave.

Registration: \$95 for six weeks; breakdancechicago.com

Extra credit: Six-week adult hip-hop and house dance courses begin Aug. 29 (6-7 p.m.) and Sept. 1 (8-9 p.m.). Try the first sessions of each for free.

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the nerd whisperer



Show patrol

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Even geek king Chris Hardwick can't know everything

Chris Hardwick started his showbiz career as co-host of MTV's "Singled Out" in the mid-1990s, which, um, maybe was cool. Now, as ruler of a growing Nerdist empire, he's making nerds more popular than ever.

In addition to his hit Nerdist podcast, the stand-up comedian, actor, TV personality and voice artist reviews gadgets on "Attack of the Show," hosts "Web Soup," writes for Wired magazine and his authored a book, "**The Nerdist Way**," which drops Nov. 1. He also appears at nerdtastic events, like last weekend's Wizard World Chicago Comic Con, where I tracked him down as he decompressed after being mobbed by fans who had just watched him moderate a panel with sci-fi icon Patrick Stewart and his son, Daniel.

Hardwick, who along with talk show host Craig Ferguson could be considered America's most famous fans of "Doctor Who," rubs elbows with a lot stars, but he still geeked out when another icon from 1980s movies "Sixteen Candles" and "The Breakfast Club" happened by us.

"Anthony Michael Hall just walked in the room," Hardwick whispered excitedly during our chat Saturday in the Wizard World green room. Here's an abbreviated version of our conversation.

Since I write about TV, let's talk about what you are looking forward to on TV this fall.

What's coming out in the fall? Tell me and I'll tell you if I'm looking forward to it.

There's this "The Nerdist" special coming to BBC America, home of "Doctor Who."

[Laughs.] That is true ... I'm looking forward to that ... Craig Ferguson is the guest. And then there's a second surprise guest, and that'll air Sept. 24. And if people watch it, we'll do more. And if they don't watch it, we probably won't do more. [Laughs.] Because that's how television works.

Now that nerds are cool [Hardwick laughs], do you find that there are nerd poseurs?

Yeah. I get accused of it. ... But I like what I like and I've always — I have the [bleeping] chess trophies to prove it! [Laughs.] And I still have all my original ["Dungeons & Dragons"] books. But I don't think being nerdy is about being into a certain thing; I think it's just a certain mindset. I talk about this in the book a little bit. It's not about whether you like "Battlestar" or "Stargate" or whatever, it has to do with the way you approach the world, which is in a very kind of hypercritical, anxious, obsessive way. I think that's what makes people nerdy, not whether or not they like a thing.

Or whether they know everything about it.

Yeah, exactly. We get emails from people, like if something comes up in the podcasts and we didn't know about an episode of something or an issue with some comic or something that happens in a specific game, they're like, "How can you call yourself a nerd and not know this?" And it's like, there's only so much time in the day. We cannot literally consume everything, you know? [Laughs.]

Right. Do you think that there's nerd-on-nerd, um...

Yeah, nerd-on-nerd violence?

Hazing, evilness, whatever you want to call it?

Oh yeah, go on a message board. A nerd's mutant power is knowing more about something than anyone else and being smarter than anyone else, at least in his own mind. So they will let you know how stupid you are in a very colorful way.

So it's just like any other group, I guess?

I guess so, yeah. Except I feel like a nerd group can make you feel worse than any other group 'cause they will really break it down, in a very structured format, why something you said or something you like sucks. [Laughs.] So they're very thorough. But that's why they're nerds.

» Read the full interview at showpatroltv.com.





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Almond Dark Chocolate

Not too nutty, but not enough chocolate for choco-holics. **LEONOR VIVANCO**

Rich dark chocolate plays well against a hint of toasted almond. **JIM WALSH**

Classic Almond

These sweet, crunchy bites are perfect with my traditional afternoon coffee. **CURT WAGNER**

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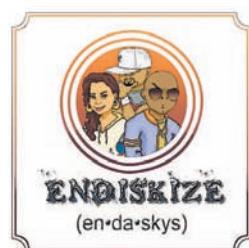
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poppicks

TRACK-OFF



'We Don't Back Down'

Endiskize

True to its track title, "We Don't Back Down," Endiskize did not stop until they clobbered the competition in this week's Kyles Files' track-off. The Chicago-based hip-hop trio—consisting of rappers K.Wells, BooMan and Ms.China—went hard over a guitar-laced, rock star melody to defeat the numerically named 8090's "Everybody Knows."



'Wherever You Go'

Aramie

In Part II of the double track-off bout, crooner Aramie clinched with "Wherever You Go." The local singer, whose vocals are reminiscent of Chris Brown's and Jeremih's, expressed his affection for an unseen lover over an electronically enhanced instrumental. Aramie handily defeated Obi Soulstar's plaintive, powerful "Alive."

» Listen to both tracks at redeyechicago.com/kylesfiles, and come back every Monday to vote in a new showdown. **KYRA KYLES, REDEYE**

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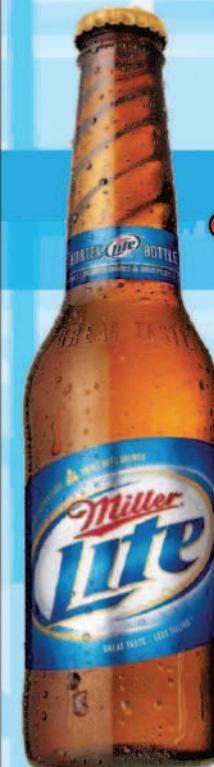
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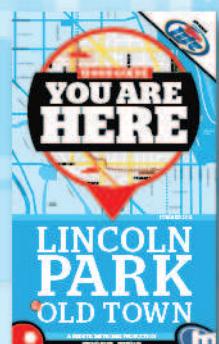
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More info: redeyechicago.com/remix

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Mint sleeveless grandad jersey shirt, \$36 at [topshop.com](#)



Ivanka Trump Alexandrite briefcase flap bag, \$150 at Macy's



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Coast top, \$44.50 at [roxy.com](#)

Interlock miniskirt, \$32 at American Apparel

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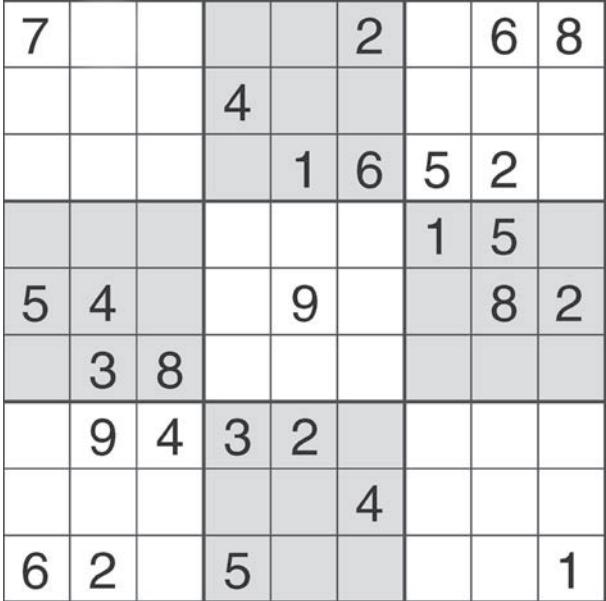
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7	2	1	5	8	9	3	6	4
6	7	2	8	9	5	1	4	3
1	8	3	4	7	2	9	5	6
4	5	9	6	1	3	2	7	8
9	3	6	7	5	8	4	2	1
2	4	7	1	3	6	8	9	5
8	1	5	9	2	4	6	3	7



B	I	N	G	E	G	O	O	D	O	A	H	U
A	D	O	R	N	U	N	T	O	P	I	L	O
G	L	O	A	T	I	C	O	N	P	O	R	T
S	E	N	S	I	B	A	R	O	U	S	E	U
P	L	A	Y	E	S	C	T	B	L	A	N	D
O	I	L	D	E	F	I	E	N	S	U	E	
D	O	G	S	D	I	C	E	R	T	O	R	Y
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E	R	A	S	E	R		C	U	L	D	E	S
A	B	U	T	B	R	A	C	O	M	E	G	A
R	I	C	E	L	A	N	K	F	I	L	E	S
S	T	E	P	E	W	E	S	F	A	L	S	E

DOWN

1 Young socialite

2 Very excited

3 Days of _; long ago

ACROSS

- 1 "An apple a __ keeps the doctor away"
 4 Deep pit
 9 Spill the beans
 13 Senses of self-esteem
 15 Rainbow _; colorful fish
 16 Nurse's helper
 17 Dull, long-winded speaker
 18 Striped feline
 19 Cincinnati team
 20 Begin to grow
 22 Reddish coat on iron
 23 Glen: lowland
 24 Scottish denial
 26 African desert
 29 Blackish purple fruit used in cooking
 34 Wading bird
 35 Blackboard
 36 Charge
 37 Tenant's payment
 38 Come into conflict
 39 Night twinkler
 40 Most common conjunction
 41 Pierre, __ Dakota
 42 Coffin platforms
 43 Wide-scale slaughter
 45 Not smooth
 46 Pen contents
 47 Enlarge a hole
 48 Stylish
 51 No-shows
 56 Toot the horn
 57 Religious doctrine
 58 Crusty wound covering
 60 Poker bet
 61 Yellowish green
 62 Therefore
 63 Lowly worker
 64 Semi-aquatic mammal
 65 Canada's neighbor

DOWN

1 In _ of;

as a substitute for

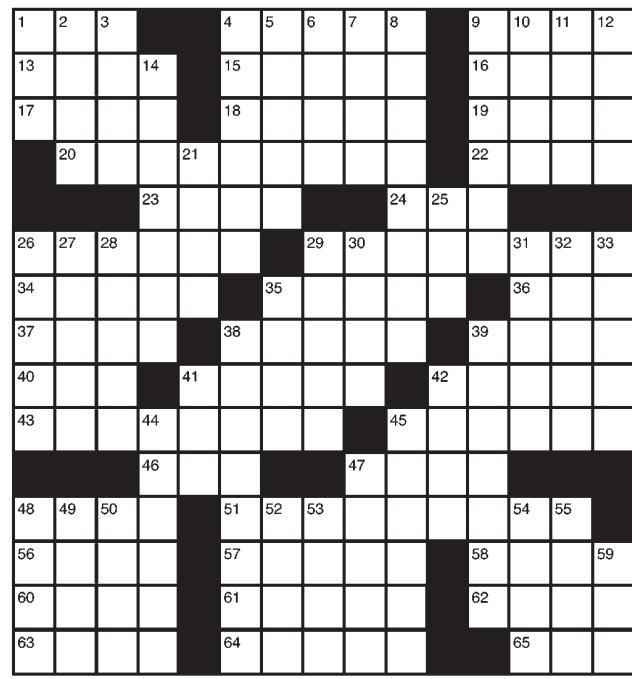
11 Finds a sum

12 Finest

14 Maid or butler

21 Colt's mother

25 Hairy as an _



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Mouth watch

Earth to celebs: Time to get back in touch with us mere mortals

By Ariel Alexovich
REDEYE

"Otis," the first single off Kanye West and Jay-Z's "Watch the Throne" album, has been criticized for flaunting a luxury lifestyle in this time of global economic insecurity (sample lyric: "Last week I was in my other other Benz"). But perhaps critics have been a little harsh. After all, they are not the only celebs who seem a little out of touch with us regular folks lately. Who else has committed similar offenses? Take a look. And, yes, that's Jay-Z making the list again. ARIEL@TRIBUNE.COM | @MISSARIEL



GETTY IMAGES PHOTOS

SALMA HAYEK

Offense: Bragging about her wealth

"I never understood the point of being privileged if you don't get to have the privileges. Like, people who won't take their kids to an expensive restaurant, or won't travel with them, or make them pay for everything at a really young age," she tells Allure mag.

Punishment: Sit in coach. In a middle seat.

KIM KARDASHIAN

Offense: TMI

"Kinda funny & gross but look at my heart shaped psoriasis! LOL Had to share!" tweeted Kim, adding a TwitPic of her skin condition.

Punishment: A trip to the dermatologist

JAY-Z

Offense: Comparing wife to Michael Jackson

"I know that's blasphemy to compare the two because Mike was such an innovator—but I think [Beyoncé is], like, the second coming," Jay told Miami radio station 99 Jamz.

Punishment: No tickets to the MJ tribute show in Wales

ADAM CAROLLA

Offense: Homophobic podcasting

"Could the gays shut up? Just get married and please shut up. You're ruining my life," Carolla said on his podcast, prompting him to apologize to GLAAD.

Punishment: Persona non grata in Boystown, on Broadway and on Sesame Street

JON GOSSELIN

Offense: Assuming people care

"I hope that this will bring more privacy to my children and that they can get the proper attention they need for any personal issues they might have in the future," he told Radar after "Kate + 8" was canceled.

Punishment: Full custody of his own eight children

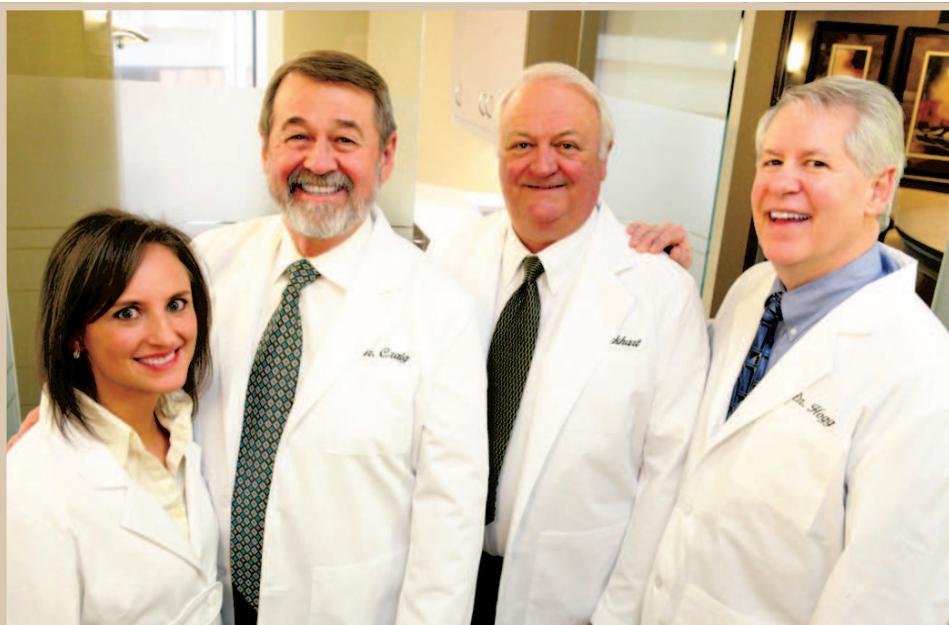
20 MILLIONS AMERICANS SUFFER FROM SLEEP APNEA A CUSTOM ORAL APPLIANCE MAY BE YOUR ANSWER TO SLEEPING EASY!

CHICAGO—After discovering that his son Scott was diagnosed with obstructive sleep Apnea (OSA), Dr. Richard A. Craig, DDS and Diplomate of the American Board of Dental Sleep Medicine decided to treat his son's sleep disorder with a dental device known as an Oral Appliance.

Now that Scott's OSA was being treated on a daily basis, Dr. Craig noticed a significant change in his son. Scott's life had turned around! He had more energy, was more focused and productive, he even began to dream when he slept.

After realizing the remarkable effect the Oral Appliance had treating his son, Dr. Craig decided to establish Midwest Dental Sleep Center, Chicagoland's Only dental clinics focused solely on treating patients that suffer from OSA and snoring.

If you suffer from OSA or snoring and want a treatment option that works for you, contact Midwest Dental Sleep Center and begin to Sleep Easy.



Dr. Katherine Phillips, Dr. Richard Craig, Dr. Charles Lockhart, Dr. James Hogg

At MIDWEST DENTAL SLEEP CENTER, our sole mission is to treat patients suffering from Obstructive Sleep Apnea and Snoring. Each clinic directed by a Diplomate of the American Board of Dental Sleep Medicine, the premiere credentialing organization in the country.

Our Oral Appliance Therapy treatment program is designed to provide our patients with an easy to use everyday treatment option.

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Dental Sleep
CENTER

SLEEP APNEA

Most people with Sleep Apnea snore. If you snore or have any of the symptoms below, you might have Sleep Apnea:

- Daytime Fatigue
- Weight Gain
- Napping or Dozing Off
- Drowsy Driving
- Difficulty Concentrating & Focusing
- Difficulty Getting Out of Bed
- Irritability, Anxiety & Depression
- Labored Breathing or Periods of Not Breathing while Sleeping
- Nightly Trips to the Restroom
- Morning Headaches
- Need to Sleep with Head Elevated
- Neck Size Over 15" for Women & 17" for Men
- High Blood Pressure
- Hyperactivity
- Cardiovascular Issues
- Gastric Reflux or Heartburn
- Erectile Dysfunction
- Diabetes



THE RESEARCH...

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Rockin' Momsen

Go ahead, call Taylor Momsen (above) a quitter. "I quit acting, actually," the Pretty Reckless singer told Elle. "I quit 'Gossip Girl' and now tour and am in a band and that's pretty much all I want to do. Hopefully I'll be able to only do that for the rest of my life."

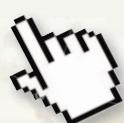
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—Beyoncé in the September issue of InStyle magazine

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Bunny business

Keep your shirt on, aspiring extras. Really. Producers for the upcoming NBC drama "The Playboy Club" are holding a casting call for paid extras from 11 a.m.-3 p.m. Saturday at the Academy of the Arts, the Tribune's Luis Gomez reports. Auditioners are asked to bring a pen and dress in early 1960s attire. Email playboyextra@gmail.com for more information.



Lil Wayne



Drake

Who's got next?

Kanye West and Jay-Z better take a cue from their album title and literally watch the rap throne. After the success of the rap kings' joint album, Cash Money Records is getting Lil Wayne and Drake together for a collaborative record. "It's older vs. younger," Cash Money founder Bryan Williams told xxlimg.com. The challenge has been issued. Now, when will this album drop?

Justin Bieber boulevard

People in Fornoy, Texas, are going to have an interesting time giving directions. After 11-year-old Caroline Gomez won the chance to be the town's mayor for the day, her first act was to name a street after Justin Bieber. Why, you might ask? "Because I really like Justin Bieber," she told E! News. "I like his music and I like him. And I thought, why not have a street in my hometown named after my favorite singer?" Why not indeed.

THE DIGIT

681%

That's how much searches for Kim Kardashian have risen this month on Yahoo as the bootylicious bride prepares for her wedding Saturday. Sixty-one percent of those searches are coming from men.